# Free Fitness Classes for Roosevelt Park Residents

## **Where**

**AgeWell Wellness Center at Tanglewood Park** 

560 Seminole Road

### <u>When</u>

#### Monday-Friday

Visit AgeWellservices.org for class schedule

#### <u>Who</u>

Residents of Roosevelt Park who are 60 and better.

**Price** 

## FREE

(Available until funding runs out)

\$6.00 per class for residents 59 and under and all non-residents

Wellness Program AgeWell Services

\*Free class for Roosevelt Park residents generously provided by Muskegon County Senior Millage Roosevelt Park allocation.